

Appendix 1

Transforming Care for People with Learning Disabilities and Autism – Integrated Working in Southwark

This report sets out the range of integrated working initiatives that have been developed across health and social care in Southwark to provide appropriate community based support for children and adults whose behaviour challenges services.

Integrated working is taking place not only across services e.g. between health and social care and with other providers but also vertically within services through an all age approach to all services.

Initiative	Aims / Objectives	Partners Involved
Learning Disabilities Transformation Programme		
Transformation Board	The Transformation Board for Learning Disabilities Services will provide leadership and strategic direction for the transformation of learning disability services.	ASC, CCG, Specialist Housing, Corporate Strategy, SLAM, Children’s Services
Quality Improvement and Quality Assurance Group	<p>A multi-agency Quality and Safeguarding Group has been set up and meets regularly. Members include key providers and representatives from GSTT, SLaM, the CCG and ASC.</p> <p>The meeting provides a forum to share information across teams and organisations, review actions and learning from Safeguarding investigations and quality alerts, and work with providers to improve quality.</p> <ul style="list-style-type: none"> CCG and Council have agreed to sign up to the ‘Driving Up Quality’ Code which was developed by The Driving Up Quality Alliance (a group of organisations that represent and support providers of housing and 	SLaM, GSTT, CCG, ASC, service providers.

	<p>care) following the abuse at Winterbourne View. The initiative has been endorsed by the Minister of State for Care Services and is supported by ADASS and the CQC.</p> <ul style="list-style-type: none"> • Developing a capable environment – using lessons learned from the implementation of My Home Life in older people’s services to develop staff skills in learning disability provider services. • Safeguarding – reviewing and analysing safeguarding alerts to improve practice. 	
<p>Developing options for integrated working across health and social care.</p>	<p>Set up workshop January 2014 - Objectives:</p> <ul style="list-style-type: none"> • To identify opportunities for developing a joined up approach for the commissioning of health services for people with Learning Disabilities. (This includes formal arrangements e.g. Section 75 agreements - lead commissioning, pooled funds, integrated provision and informal arrangements e.g. joint meetings and multi-disciplinary consultation). • Sharing learning around existing services • Meeting the recommendations and drivers from policy and legislative reforms • Identification of opportunities to achieve better outcomes for people with learning disabilities. <ul style="list-style-type: none"> • Mapping out of existing services across education, health and social care identified a need to review services provided for children aged 5 – 15 to ensure services identify and work with children with learning disabilities and mental health issues to reduce the risk of placement in assessment and treatment units or out of borough placements in later life. 	<p>Adults’ and Children’s Social Care Services Southwark CCG SLaM GSTT</p>

Actions arising from the Winterbourne View Steering Group		
Review and move on of people from hospital settings	<p>Objectives:</p> <p>To ensure all service users who meet the Transforming Care (Winterbourne View) criteria have received robust, person-centred reviews and are placed in the least restrictive settings to meet their needs in their local community.</p> <ul style="list-style-type: none"> • A multi-agency Winterbourne View Steering Group meets bi-monthly to review and challenge progress on reviews carried out by SLaM and ASC. • All children, young people and adults who fall within the Winterbourne View Concordat definition have received a person centred review. Whilst not all service users are well enough to move on, work is being undertaken to develop the market to provide personalised care for those who have been identified as ready to move. <ul style="list-style-type: none"> ○ Multi-agency working group working with a provider to develop a local rehabilitation service for 6 Winterbourne View service users who have been identified as ready to move back to the borough. ○ Multi-agency workshop with service providers in November 2013 to investigate development working relationships and service development for service users whose behaviour challenges. Following this key providers have been involved in a number of working groups, sharing good practice on improving quality and safeguarding of services. ○ Working with local providers to develop step down services for those service users who are ready to move on to less restrictive settings. 	SLaM, GSTT, CCG, Adult Social Care Commissioners and Operational Staff, independent sector providers of specialist and step-down services.

<p>Enhanced Psychology Support Service (Pilot). (Challenging Behaviour Pathway)</p>	<p>This pilot service which commenced in January 2014 is provided by SLaM and funded by Adult Social Care with the aim of supporting those people with challenging behaviour to continue to live in a community setting and divert them from placement in an assessment & treatment service through the provision of:</p> <ul style="list-style-type: none"> • An intensive intervention service and additional support for during times of crisis for service users and their families or care providers; • To work with other partners who support people with complex needs in order to strengthen local services and help them develop crisis prevention skills. • To reduce expenditure on high cost specialist residential assessment and treatment services. <p>The first month of the pilot has shown positive results diverting 3 people from specialist residential care.</p> <p>The Local Government Association evaluation of Southwark’s Winterbourne View Stocktake identified the initiative as being ‘worthy of follow up as an example of innovative practice’.</p>	<p>SLaM, CCG, Adult Social Care Commissioners and Operational Managers, Service Providers (supported living, respite care, day services).</p>
<p>Developing services for children and young people with learning disabilities / mental health issues / challenging behaviour</p>	<p>Objectives:</p> <ul style="list-style-type: none"> • To identify and develop services which will support children and young people who may be at risk of being placed in assessment & treatment units or in specialist health services out of borough, and their families. <p>This initiative has been developed from:</p> <ul style="list-style-type: none"> • A multi agency reflective discussion of case studies of children and young people who receive services from children’s social care and CAMHS; (Winterbourne View Steering Group); 	<p>SLaM, GSTT, CAMHS, Children’s & Adults Social Care.</p>

	<ul style="list-style-type: none"> • Initial results from the enhanced psychology support for adults pilot; • Issues identified in the integrated working workshop in January 2014. 	
Co-Production	<p>Objective:</p> <ul style="list-style-type: none"> • To develop a co-production culture which will provide a more explicit focus on families being able to identify both the problems and solutions that we are trying to tackle through this work, and playing a more direct role in shaping future service development. <p>The Winterbourne View Steering Group identified that effective engagement with families:</p> <ol style="list-style-type: none"> a) Is a key mechanism to support future culture change across agencies b) Could act as a way to develop a more co-productive approach to future pathway development. <p>ASC is developing a co-production approach in the way it designs and develops services. Family carers are already involved in various service transformation groups and further work is underway to expand this approach.</p> <p>The <i>Southwark Vision for Adult Social Care</i> explores the need for people using services, carers and other partners including health and the voluntary and community sector, to have a key role in developing solutions for a sustainable system where people have choice and control over the care and support they access.</p>	Adult Social Care, CCG, SLaM

	The Enhanced Family Linkage Scheme will be coordinated by the Challenging Behaviour Foundation (an organisation originally set up by a family carer) and sit within Southwark Carers to promote and facilitate peer support networks to those families living in Southwark who live with people that display 'challenging behaviour'.	
Shifting the Balance of Care		
Shifting the Balance of Care & Accommodation Strategy	<p>Objectives:</p> <ul style="list-style-type: none"> • To de-register and reduce the number of residential care homes. • To attract alternative funding streams through the development of alternative accommodation models; e.g. supported living schemes. • To increase independence and choice through the use of personal budgets. <p>Work is continuing to de-register residential care homes and increase supported living opportunities for young people and adults. The 2009 – 2013 Accommodation Strategy is being refreshed to identify the needs and plan the right accommodation for a wider cohort of people who would like to move back into the borough or to move into supported living.</p>	ASC, Housing Department, RSLs, Supporting Living Care Providers.
Special Educational Needs and Disability (SEND) Programme		
Integrated Pathway for children and young people with Autistic Spectrum Disorder (ASD) and Learning Disability 0 – 25 yrs. (SEND Programme)	<p>The LGA identified that Southwark has “very strong commissioning links, one of the few places that have a 0 – 25 approach...Very good emphasis on integrating children and adults commissioning.</p> <p>Objective:</p>	ASC, Children’s Services, CCG, GSTT, SLaM.

	<ul style="list-style-type: none"> • To redesign the pathway to provide continuity of planning and support to children and young people with special educational need and disability (SEND) aged 0 – 25, with a focus on ASD and LD. • To ensure a positive experience of planning and person centred support in Southwark to achieve better outcomes for young people with ASD and LD, and to offer the most effective support to prepare young people for adulthood. <p>This work includes:</p> <ul style="list-style-type: none"> • The establishment of an integrated health and social care community autism multi-disciplinary team offering diagnosis, assessment, planning and support for adults 18 yrs + with ASD; • The review and expansion of the Transitions Team to provide further capacity for preventative work with children with disabilities; • Developing services for young people with ASD and high needs aged 16+ • Developing a preparing for adulthood programme for young people aged 16+. 	
Developing Services for People with Autism		
Autism Strategy and Multi-Disciplinary Team	<p>Whilst services for children and adults with autism (with or without learning disabilities) is a theme which runs through the transformation programme however, the following specific actions are being undertaken:</p> <ul style="list-style-type: none"> • Development of an Autism Strategy and action plan to support the delivery effective services; • The development of the business case for a multi-disciplinary autism team. 	CCG, ASC, Children’s Services.

Promoting Independence through Strengthening Community Support		
	<p>Objectives:</p> <ul style="list-style-type: none"> • To ensure services are in place to support people with learning disability and / or Autism to live as independently as possible in the community. Projects include: <ul style="list-style-type: none"> ○ Developing flexible models of respite and carers' support that also develop service users skills and encourage independence; ○ To develop a range of day time opportunities in parallel with use of personal budgets; ○ To increase the numbers of people with learning disability and / or autism who have a paid job; ○ To ensure advocacy is available to support decision making. 	Children's Services, Transitions Team, ASC, in house and independent sector providers, service users and carers.
Learning Disability Transformation Enablers		
Joint Strategic Needs Assessment	<p>An assessment of the current and future health and social care needs of the local learning disability and autism community that could be met by the local authority, CCG or the NHS CB.</p> <p>Its purpose is to improve the health and wellbeing of the local community and reduce inequalities for all ages.</p>	ASC, Children's Social Care & Education Services, Public Health, CCG, GSTT, SLaM, Police, Probation Service. Service Users & Carers.
Section 75 Agreement	See Developing options for integrated working across health and social care.	
Effectiveness of Services for people with a learning disability in Southwark	<p>Independent consultants' review of progress made to:</p> <ul style="list-style-type: none"> • Reduce the number of people in residential care and re-provide at lower cost. 	ASC

	<ul style="list-style-type: none"> • Ensure community support alternatives are affordable by creating the capacity to support more people cost effectively. • Tackle excessively high support costs by undertaking a high cost case review. 	
Performance Management	<p>Objectives:</p> <ul style="list-style-type: none"> • To ensure that systems are in place to collect and analyse data, report on the results and use it to improve service performance. 	ASC

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